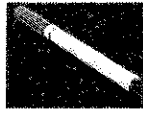
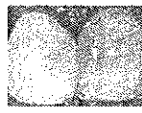




1 SHOCKING Tip To KILL Belly Fat!
Use this simple trick to lose 2.5 stone in 2 weeks. Read More...



The Electronic Cigarette EXPOSED
Leicester: Is it safer? Do not try until you read...



1 Strange Tip for White Teeth
Leicester: Mum Publishes Free Teeth Whitening Secret that...

Burton Mail

Follow us



Monday 10 Jun 2013 10:06 AM

Burton Mail

business finda

motors

Jobs NOW

property n

News

Sport

What's On

Lifestyle

Your Say

Newspaper

Motors

Business Finda

Burton Mail -> News
Business
Letters

News Features
National News

Business Awards 2012

Bollards Webcam

09:53 Monday 10 June 2013

Mail Remembers

Like 0 Tweet 0

A carer's work is never done - but support is there

Written by LAURA HAMMOND



06/06/13 Carer's week feature pic Chris Boultree - Rosliston Road, Walton on Trent
Chris Boultree - carer for his mother...

2 Images

Open Slideshow

PAMELA Green did not know she was a carer until two years ago.

The 58-year-old had taken in her two grandchildren following the death of their father Martin simply because she thought it was the right thing to do.

It was only after struggling with the care required by Beth, 12, and George, 11, for seven years that she was put in touch with Derbyshire Carers Association and she started to get some of the support that she needed.

"I always thought a carer was a foster carer - I never classed myself as a carer. I was just Nan," she told The Mail.

Search enter search text here



Advanced Search

Quick Links

- News
- Sport
- Fitness & Sport
- Film & TV
- Food & Drink
- Gardens
- Green Living
- Health & Wellbeing
- Interiors
- Kid's Fashion
- Literature & the Arts
- Men's Fashion
- Men's Health
- Music
- Out & About
- Recipes
- Staffordshire Bride
- Theatre
- Travel
- Technology
- 10 of the Best
- Tried & Tested
- Women's Fashion

Latest News



A carer's work is never done - but support is there

Pride and admiration for Children of Courage

Man, 24, dies of injuries

Leading sports charity backs development plan

Inspectors reveal improvements at trouble hit home

Latest Sport



Derby County announce new home kit

Johnny Russell set to follow Christian Dailly's footsteps from Dundee United to Derby County

Republic of Ireland withdrawals could open the door for Derby County players at New York's

Newport County defender Tony James looking out for Burton Albion reunion

A round-up of the Burton and District Youth Cricket league

MOST COMMENTS

MOST POPULAR

Proposed taxi license fee hike 'astonishing'

Nine taken to hospital following A38 smash

Man fined for arranging dogs' tails to be cut off

120MPH car thief branded lunatic

Speed camera site in Burton 'worthy of investigation'

Absent councillor treating residents with contempt, claims parish council

Today's Features

When Mrs Green, of Manor Close, Stanton, took in the children, she saved them from being put up for adoption. She now has complete responsibility for the pair, who live with her.

She said it felt like the natural thing to do, as she wanted to provide them with a stable family life – but she had not been prepared for how hard it would be.

She said: "It was a big experience for me, but I was prepared to take that change and I've never looked back. It's been hard work, but worthwhile. Taking the role of being a carer is like a jigsaw, and it takes a long time to bring all those pieces together.

"It keeps me young. It wears me out, but it does keep me young at heart. We have happy times as well as difficult ones."

Mrs Green, who also has five other grandchildren and two great-grandchildren, and also helps to care for her mum Pamela Moore, who lives in Newhall, is one of millions of people across the UK who look after people unpaid and for little recognition.

In South Derbyshire alone there are hundreds who sacrifice their own lives to look after others

This week is Carers Week, a national initiative designed to raise awareness of the vital contribution made by carers and the support which is available to them.

Lisa Barker, area co-ordinator for Derbyshire Carers Association, said: "Many will recognise that they are caring for a loved one, but they do not see it as worthy of a special mention or note. In the main the care goes on day and night as they feel it is just what they do. Few planned to be a carer and many will have taken on the role without realising how much time is spent planning, thinking or caring to support the person they love."

A YEAR ago, Chris Boultree's life was turned upside down when his mum Winifred was diagnosed with cancer of the throat.

From that moment on, the 36-year-old, of Rosilston Road, Walton-on-Trent, has devoted his time to looking after her – and he has had to change his life radically to do so.

He was already living with his 77-year-old Mum, but he put on hold his search for work and sacrificed much of his social life to care for her as well as he can.

He told The Mail: "Life changed completely. The social side has disappeared completely as it's impossible for me to go out and leave Mum.

"It takes a week of planning just to go shopping in Derby.

"I didn't think it would affect me the way it did."

In an average day, Mr Boultree will get up with his mum, make her breakfast and the complete chores around the house, including looking after the pets. He takes her to all her medical appointments and looks after all of her needs.

However, he said he would rather be looking after his mum than have anyone else do it.

"For me it's like caring for a small child, a teenager and a toddler all in one. But I think I provide better care than anyone could because I know my Mum and I know the history and her needs."

MANY men of Fred Gough's age would feel perfectly entitled to put their feet up and take it easy for a while.

But instead, the 91-year-old, of The Crest, Linton, spends his time caring for his wife Beryl, who suffered two strokes six years ago.

He dresses her, prepares her meals, runs her about in the car, and caters for everything she might possibly need.

He told The Mail: "I do everything for her. She couldn't get about without me helping her.

"At the moment my health is not too bad, I'm lucky really, but it does worry me if my health fails."

He said things changed a lot more than he expected when he began looking after his wife Beryl, 87.

Mr Gough has been supported by Derbyshire Carers Association for some time, but many only approach the charity when they are in need of urgent help as they are having issues themselves.

Carers can contact Lisa Barker at the CVS in Swadlincote on 01283 212194 or via the head office in Ripley, by calling 01773 743355.

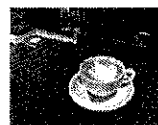
From the Web

by Taboo



OUT AND ABOUT

Creating the wow factor



FOOD AND DRINK

VIDEO: Coffee demonstration at The Bank House part 2



MUSIC

Band return from brush with death to play Wolverhampton



STAFFORDSHIRE BRIDE

Couples are hiring 'food designers' for their wedding day



KID'S FASHION

Shine this summer



THEATRE

Bill Bailey's Qualmpeddler tour



1 SHOCKING Tip To KILL Belly Fat

Use this simple trick to lose 2 Stone in 4 Weeks.

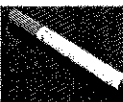
[Get Details...](#)



Woman is 53 But Looks 27

Leicester Mum reveals 1 simple wrinkle trick that has angered doctors...

[Get Details...](#)



The Electronic Cigarette EXPOSED

Leicester: Is it safer? Do not try until you read this...