

Press Release



Carers receive pamper treatments

A fun and relaxing treat was on offer on the 17th November as carers gathered at Bolsover Methodist Church for a well earned free pamper day organised by the Derbyshire Carers Association (DCA) and funded by the Bolsover Local Strategic Partnership.

Holistic and aromatherapy experts were on hand offering free sessions and carers were able to take time out and spoil themselves with a number of treatments including massage, nail treatments, facials and pedicures. With gentle background music playing, lots of chat and tea and buffet for all, plus the aroma of nail polish and aromatherapy lotions, the day was a great success.

The event had a good turn out and carers filled in feedback forms commenting on 'excellent treatments', an excellent back massage and great company.'

One carer stated that, '...the therapies were excellent and everyone was kind and friendly. It was a much appreciated break and some space for me. Thankyou Derbyshire Carers!'

The day was part of the DCA's line up of annual events that support carers new and old in the County. There are a host of events planned for 2013 so give the DCA a call on 01246 222373 or email transition@derbyshirecarers.co.uk. Web: www.derbyshirecarers.co.uk

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Notes to editor:

1. Derbyshire Carers Association (DCA) was set up in 1988. Offering support and information to carers within Derbyshire. The Charity works closely with many agencies in the county. DCA offers a wide range of confidential and independent services, helping care for carers. DCA also campaigns for better resources, helps with planning of services with appropriate agencies, and liaises with organisations with similar aims.
2. The Teaming Up for Transition Project is funded by the Department of Health. The initiative will help identify and support carers earlier. Objectives of the project include; working in Partnership with GP's surgeries, Community Hospitals and City, Queens and Royal Hospitals. The delivery of carer awareness training, to identify carer champions within health settings, to offer carer support from hospital to home, to reduce repeat hospital admissions and frequent GP visits.

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