



Brightside Jewellery making

Brightside courses are for anyone experiencing mild to moderate mental health issues e.g. suffering from anxiety, depression emotional or psychological distress, stress or isolation, low confidence and/or self-esteem.

This course is for anyone wanting to have a go at making some simple bead jewellery. This is a FREE course, there are no costs.

Starting Friday 21st April 1.30-4.30 pm for 4 weeks

Venue: Spring Bank Arts Centre, Spring Bank, New Mills, High Peak SK22 4BH

To book your place, contact Fleur Mellor
on 01629 535275 or email
Fleur.Mellor2@derbyshire.gov.uk

