

SAVE THE DATE

Young Carers Action Day 2025

This year's theme:
'Give Me A Break!'

Wednesday 12 March 2025

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Young Carers have so much responsibility on their shoulders. They need a break from caring to have time for themselves - maybe for a hobby, or just hanging out with friends.

Help us
give Young Carers a break.

As a school you can help, support and identify Young Carers. Use the opportunity of Young Carers Action Day 2025 to raise awareness and funds to help give Young Carers in your county a break.



For more information and to download useful resources, please visit the link below:

<https://derbyshirecarers.co.uk/login>

**Derbyshire Carers Association /
Nottinghamshire Carers Association**

info@nottinghamshirecarers.co.uk ✉
info@derbyshirecarers.co.uk ✉



Derbyshire
Young Carers

YOUNG
CARERS
NOTTS

daacss
Derbyshire All Age Carers Support Service

Funded by
CARERS
TRUST

Charity No: 1062777