

Dementia

FRIENDS AND FAMILY SESSION



dementia adventure®

In partnership with:



FREE online friends and family sessions provide practical guidance for unpaid carers supporting somebody with Dementia in the Derbyshire area only!

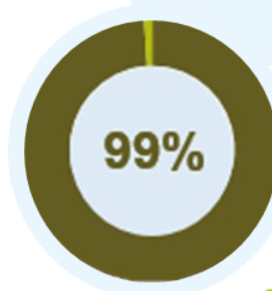
Starting with Understanding Dementia Better.

- ✓ Connect with experienced dementia trainers
- ✓ Senses, communication and behaviour
- ✓ Continuing to 'see' the person (and not the condition)
- ✓ Strategies to overcome communication barriers
- ✓ Solutions for adapting the environment.
- ✓ Benefits of connection with nature and outdoors
- ✓ Answering your individual questions
- ✓ Free information pack

Supported by Derbyshire Carers Association

“Listening to other people’s experiences gives myself and my mum the reassurance that we are not alone.”

- Tony, Family Carer



99% attendees rated the training **8 or more** out of 10

The sessions are also open to staff and volunteers

Where: **Online**

When: **Thursday 23rd June 2022**

Time: **10.30am—12.30pm**

To book your FREE place, visit

<https://www.eventbrite.co.uk/e/family-carer-event-understanding-dementia-better-tickets-269636990497>

Please contact ruth@dementiaadventure.co.uk if you have any questions or phone 01245 237548

